

# Team Formation

Before you can begin the AVISTA Challenge, you need to form an effective team of 3-5 people. Your teacher will guide you through the activities in this section to help you form a power team with diverse



## Team Strength Cards

- Read each card out loud in your group and talk about what it means.
- Group similar cards together.
- Make 3 piles with the same number of cards and give each pile a name.

|   |   |  |
|---|---|--|
| 'I always do my share of the work.'               | 'I offer to help before being asked.'         | 'I help everyone feel included.'             |
| 'I ask questions to understand better.'           | 'I come prepared and ready to help.'          | 'I work hard even when it's difficult.'      |
| 'I keep my promises to my team.'                  | 'I listen carefully when teammates talk.'     | 'I make sure we all agree on our goals.'     |
| 'I encourage others when they're having trouble.' | 'I take responsibility when I make mistakes.' | 'I share my ideas and skills with the team.' |
| 'I help create a team we're proud of.'            | 'I celebrate when my teammates succeed.'      | 'I stick with my team through challenges.'   |

# Personal Power check

**Simple self-assessment:** Think about your rescue challenge. Circle the words that describe you:

## 1. Personal Power:

reliable,                      hard-working,  
prepared,                      responsible.

## 2. Team Connection Power:

friendly,                      sharing,  
celebrating,                      including.

## 3. Support Power:

encouraging,                      helpful,  
listening,                      caring.

# Team Charter

Team name :

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Team members:

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Our mission:

We will help people during the cyclone by

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Our team powerpromises:

| Personal Power- I promise: |  |
|----------------------------|--|
| I will do my fair share by |  |
| I will be reliable by      |  |
| If I am struggling, I will |  |

|   |  |
|---|--|
| <b>Team connection power- we promise:</b> |  |
| Our shared goal is                        |  |
| We will stick together by                 |  |
| We will listen by                         |  |
| <b>Support power- we promise:</b>         |  |
| When someone needs help, we will          |  |
| We will encourage each other by           |  |
| We will listen by                         |  |
| If we disagree, we will                   |  |

All team members sign:

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Date:

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